



## **“FOUR” SEASONS**

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Record: Fabuloso Collection International & Standard Vol II CD =Track # 4

**PHASE IV + 1 WALTZ (DbI Rev)**

Sequence: Intro – A – B – C – A mod – C mod – End

(degree of difficulty – Average)

Footwork: Opposite, Unless noted (W's footwork & timing in parentheses)

1.2

Timing: Standard Waltz unless noted

1/09

### INTRO

**Meas:**

**1-4**      LEFT SHAD POS (W ON INSIDE) BOTH RT FT FREE WAIT 1 MS; RT LUNGE; WHISK;  
W SYNCO ROLL X BJO JN RT HDS;

**(12&3)**    **1-2**      L shad pos fc DLW both have RT ft free w 1 ms; [rt lunge] sd R into RT Lunge, - , - ;  
**3-4**      [whisk] Rec L, XRIB of L, rec L; [w synco roll x] Fwd R, L, R (W roll RF 1 \_ trn R/L, R, L) jn R hds fc DLW

### PART A

**1-4**      (RT HDS) HOVER TELEMARK; W INSIDE TRN M HEAD LOOP; W ROLL ACROSS; SL CHECK THRU;

**1-2**      [hvr tele] R hds jnd Fwd L DLW, fwd & sd R rising slightly trng body 1/8 RF, fwd L DLW (W bk R, bk & sd L comm RF trn, fwd R fn slight "L" pos); [inside trn] Fwd R raise jnd R hds, comm RF trn sd L lead W to trn LF under jnd hds, cont trn fwd & sd R put jnd hds over head hds rest beh neck (W comm LF trn under jnd R hds fwd L, cont trng sd R spiral LF, sd & fwd L release hds beh M's neck) W now on inside fc LOD ; note: This is like a cross pivot for the man.

**3-4**      [w roll x] Fwd L, fwd R betw W's ft, fwd L (W fwd R comm RF trn, sd & bk L, cont trn fwd R to \_ OP/LOD; [sl x thru] Shape twds ptr chk thru R, (W shape twds ptr chk thru L), - ;

**5-8**      BK WHISK; RIPPLE CHASSE SCP; M ROLL ACROSS; SL X CHECK THRU;

**5-6**      [whisk] Rec L, sd R, XLIB of R (W rec R, sd L, XRIB of L) blend to SCP LOD; [ripple chasse]

**12&3**      Thru R trn head to R with R sway to CP, sd L/cl R holding sway, sd & fwd L (W thru L trn head to L with L sway blend to CP, sd R/cl L hold sway, sd & fwd R) SCP;

**7-8**      [m roll x] Fwd R comm RF trn, sd & bk L, cont trn fwd R (W fwd L, fwd R betw M's ft, fwd L) to L \_ OP ; [sl x thru] Shape twds ptr chk thru L, (W shape twds ptr chk thru R), - ;

**9-12**      OUTSIDE CHK; OP IMP; SCP CHASSE; THRU FC CL;

**9-10**      [outsd chk] Rec R comm LF trn, cont trn sd & fwd L, fwd R outsd ptr (W rec L, bk R, bk L) BJO/DRC; [op imp] Bk L LOD comm RF trn, cl R to L heel trn, sd & fwd L (W fwd R comm RF trn, fwd & sd cont RF trn, sd & fwd R) to SCP/DLC;

**12&3**      **11-12**      [chasse] Thru R, sd & fwd L/cl R to L, sd & fwd L to SCP/LOD: [thru fc cl] Thru R, sd L, cl R;  
**13-16**      HVR; SLOW SD LK; 2 LF TURNS;

**13- 14**      [hvr] Fwd L DL in CP, fwd & sd R rising and brushing L to R, sd & fwd L to SCP DLC; [sl sd lk] Thru R, fwd & sd L rising and trn slight LF, XRIB of L (W thru L, sd R trn LF, XLIF of R) to CP/DLC;

**15-16**      [2 L trns] Fwd L DLC trn LF, sd & bk R cont LF trn, cl L to R CP/RL0D; Bk R LOD trng LF, sd & bk L

DC

cont LF trn, cl R to CP/DLW;

### PART B

**1-4**      HOVER TELEMARK JN RT HDS: OP IN & OUT RUNS;; IN & OUT RUN w/M'S HEAD LOOP;

**1-2**      [hvr tele] Fwd DLW L, fwd & sd R rising slightly trng body 1/8 RF (W trn 3/ RF), fwd L LOD & slightly Wall to end \_ OP M fcg DLW ( W fc LOD) jn R hds acrs front of W and L hnds extended to sd ( W's L arm behind M; [start op in & out runs] Fwd R acrs W comm RF trn, sd & bk L then cont RF trn, sd & fwd R LOD (W fwd L, R, L trng 1/8 RF to end fcg DLC ( W fcg DLW) w/R hds jnd across front of M and L hds extended to sd & M's L arm behind W;

- 3-4 **[fin in & out runs]** Sm fwd L, R, L trn \_ RF (W fwd R acrs M comm. RF trn, sd & bk L then cont RF trn, sd & fwd R LOD) end fcg DLW (W fcg DLC) w/hnds as in meas 2 of Part B; **[m's head loop]** Repeat meas 3 Part B raising Jnd R hnds on bt 2 and taking them over M's head on beat 3 then release them to blend to L \_ OP POS LOD;
- 5- 8 **W ACROSS; MANV; SPN TRN; BX FIN;**
- 5-6 **[w acrs to \_ op]** Sm fwd L,R,L (W fwd R acrs M comm. RF trn, sd & bk L then cont RF trn, sd & fwd R LOD) to end \_ OP POS LOD; **[manv]** Fwd R, sd & fwd L trng RF, cl R to L CP/RLD;
- 7-8 **[spn trn]** Bk L pivot \_ RF to fc LOD, fwd R cont trn to fc DLW rising on ball of ft, rec sd & bk L DRC; **[bx fin]** Bk R DRC trng LF, sd L cont LF trn to CP/DLC, cl R;
- 9 – 12 **DBL REV; OP REV; OUTSD CHK; OUTSD CHG SCP;**
- 9-10 **[dbl rev]** Fwd L comm. LF trn, fwd & sd R cont LF trn, cont LF trn tch L to R (W bk R, cl L to R heel turn/cont LF trn sd & slightly bk R, XLIF of R) to CP/DLC; **[op rev]** Fwd L comm. LF trn, fwd & sd R cont LF trn, bk L to CBJO DRC;
- 11-12 **[outsd chk]** Bk R trng slightly LF, cont slight LF trn sd & fwd L, fwd R outsd ptr to end JO/DRW; **[outsd chg]** Bk L, bk R blending to CP trng LF cont LF trn sd & fwd L (W sd & fwd R) to SCP;
- 13-16 **SLOW SD LK; FWD TRN & R CHASSE; OUTSD CHG SCP; THRU FWD CL (W TRANS TO SHAD)**
- 13-14 **[sl sd lk]** Thru R, fwd & sd L comm. LF trn lead W to swing in front to p/u, cont trng LF lk RIBof L (W lk LIF of R) to CP/DLC; **[trn & rt chasse]** Fwd L comm. Lf trn, cont LF trn sd & bk R/cl L to R, sd & bk R to end CBJO/DRC;
- (12&3) R 15-16 **[outsd chg scp]** Repeat meas 12 Part B; **[thru fwd cl W synco trans shad]** Thru R, fwd L, cl plc R hnd on W's waist (W L, R/L, R) to SHAD/LOD;

**PART C**

- 1 – 4 **(LF FREE FOR BOTH )SHADOW DIAM TRN \_ DLC;; BK SD CL;**
- 1-2 **[start shad diam trn]** Fwd L trn LF, cont LF trn sd R, bk L fc DRC, Cont LF trn bk R, cont Lf trn sd L, fwd R DRW;
- 3-4 **[fin shad diam trn]** Cont LF trn fwd L trng LF, cont LF trn sd R, bk L DLW; bk R, sd L, cl R fc DLW;;
- 5-8 **SHADOW VINE 3; SHAD RT TURNS;; SL SD LK W TRANS (12&3)**
- 5-6 **[shad vn]** Sd L, XRIB, sd L, DLW; **[start shad R trns]** Fwd R comm RF trn, cont trn Sd L, bk R RLOD;
- (12&3) 7-8 **[fin shad R trns]** Bk L comm RF trn, cont trn sd R, fwd L DLC; **[sl sd lk W trans]** Thru R, sd & fwd L , XRIB (W fwd R, fwd L trn LF/sd & bk R, XLIF of R) CP/DLC;
- 9-12 **CL TELE; FWD W DEVELOPE; SL OUTSIDE SWVEL; SL SD LK;**
- 9-10 **[cl tele]** Fwd L, comm. LF trn sd & bk R, cont LF trn sd & fwd L (W bk R, comm. LF trn bring L to R no wgt trn LF on R (heel trn) chg wgt to L, sd & bk R) to BJO/DLW; **[develope]** Ck fwd R, (W bk L, bring R ft up L leg, extend R ft fwd);
- 11-12 **[outsd swvl]** Rec L comm RF upper body trn, leave R XIF of L (W rec fwd R, swvl RF on R), -; **[sl sd lk]** Thru R, sd & fwd L, XRIB of L (W fwd L trn LF, sd & bk R, XLIF of R) CP/DLC;
- 9-13 **OP TELE; OP NAT; OUTSD CHG SCP; THRU SD CL;**
- (W) 9-10 **[op tele]** Fwd DLC L comm. LF trn, fwd & sd R cont trn, sd & fwd L (W bk R, cl L to R heel turn/cont LF trn sd & fwd R) SCP/DLW; **[op nat]** Fwd R comm. RF trn, sd & bk L cont trn, bk R fwd L, fwd R between ptr's feet, fwd L) CBJO/RLD;
- 11-12 **[outsd chg scp]** Repeat meas 15 Part B; **[thru sd cl]** Thru R, sd L, cl R;

**A 1 – 8 MOD**

- 1-4 **RT HDS HVR TELE; W INSIDE TRN; W ROLL ACROSS; SL CHECK THRU;**
- 1-2 Repeat Meas 1 & 2 of Part A;;
- 3-4 Repeat Meas 3 & 4 of Part A;;

- 5-8 **BK WHISK; RIPPLE CHASSE TWICE SCP;; THRU FWD CL (W TRANS TO SHAD)**  
 5-6 Repeat Meas 5 & 6 Part A;;  
 7-8 [ripple chasse] Repeat Meas 6 Part A;  
 [thru fwd cl W synco trans shad] Thru R, fwd L, cl R (W fwd L, R/L, R)to SHAD/DLC

**REPEAT PART C MEAS 1 – 8**

- 1 – 4 **(LF FREE FOR BOTH) SHADOW DIAM TRN;;;**  
 1-2 Repeat Meas 1 & 2 Part C;;  
 3-4 Repeat Meas 3 & 4 Part C;;  
 5 – 8 **SHADOW VINE 3; SHAD RT TURNS;; SL SD LK W TRANS (12&3);**  
 5-6 Repeat Meas 5 & 6 Part C;;  
 7-8 Repeat Meas 7 & 8 Part C;;

**END**

- 1-4 **OP TELE; SCP CHASSE; THRU TO PROM SWAY; CHG OF SWAY;**  
 1-2 [op tele] Fwd DLC L comm. LF trn, fwd & sd R cont trn, sd & fwd L (W bk R, cl L to R heel turn/cont LF trn sd & fwd R) SCP/DLW; [scp chasse] Thru R, sd & fwd L/cl R to L, sd & fwd L to SCP/LOD:  
 3-4 [prom sway] Thru R, sd L with slight R sd stretch (W L sd stretch) ,-; [oversway] lower into Left  
 Knee and chg to Left sd stretch to oversway position Rleg extended RLOD;  
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